

Top Ten Tips for accessible/dyslexia friendly music teaching

1. The **student** should always choose what works for him/her. Don't impose ideas.
2. Use multi-sensory approaches: hear; see; feel; read; write; hands on...
3. Use colour (of the student's choice) for highlighting etc.
4. Be imaginative and patient. One size **doesn't** fit all.
5. Consider whether visual difficulties (visual stress) could be a problem; try copying on to tinted paper (of the student's choice).
6. Use over-learning/revision: recap – repeat – give overviews and summaries – this helps with short-term memory difficulties.
7. Chunk information; build it up.
8. Use approaches from Kodály; Dalcroze; Suzuki.
9. Help with organisation (in imaginative ways): use mobile phones; post-its; labels; colour-coding; texts... Use written reminders (using large, sans-serif font, if possible, not handwritten).
10. Realise that dyslexic people can take 10 times as long to complete an activity and therefore are prone to extra tiredness → stress, depression & poor self-esteem.



Further information/queries?

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