

WHAT HELPED US...

DYSLEXIA FRIENDLY TIPS

From the Creative Mentors at Grey Coats Hospital
and Marylebone School.

HOLLIE

“Using **Verdana** is the clearest font for me to read, for long passages I use a colour overlay which makes the words much clearer.”

“I learn much quicker when the instructions are as **visual** as possible.”

“Knowing the **goals** at the beginning of the class helped me to keep focused, even when I forgot parts of the detailed instructions!”

“**Mind mapping** helps me untangle and organize my sometimes sporadic thoughts. My thought process often doesn’t seem as linear as non-dyslexic people.”

“It has been really important to be in a safe, **patient** and nurturing learning environment, where I feel **secure** to find my voice.”

“Frequent **small chunks of information** has enabled memory retention and recall.”

“**Note taking** with **bullet points** and **short sentences** with added examples and imagery has helped to make written information clear, memorable and legible.”

FRANCES

FIONA

“**Sitting at the front** of a class helped me to see the board more easily and stay focused.”

“It was helpful to sit next to a student who was good at **note-taking** so that I could copy off them!”

“I found it helpful for my teacher to regularly **check my subject folder** to make sure that my work was organized and complete.”

“The one thing that always strikes me is how everyone learns in a different way. Even the dyslexic children. Something that works for one child might not work for another.”

ROBBIE